

December 3, 1999

Dockets Management Branch (HFA-305)  
Food and Drug Administration  
Docket #97N-0511  
5630 Fishers Lane, Room 1061  
Rockville, MD 20857

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To Whom It May Concern:

I just heard that the FDA has proposed legislation that would require mandatory pasteurization (or radiation) of all fresh juices.

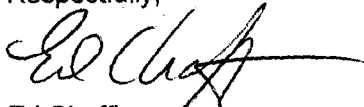
Please do not move forward with this. There may have been a couple of cases where large companies using shortcuts in their processes have produced problems, but this is not an epidemic problem and does not need legislation from our federal government. There have been billions of foods/fruits squeezed fresh for consumption with no problem to the consumer. The consumer can judge for themselves whether they will continue to patronize vendors who provide juice in an unhealthy fashion. I have 2 vendors that I use in Atlanta that I trust and when I don't have the time to make the juice at home I rely on them for convenience. I want the CHOICE as a consumer to buy products that I believe are healthy. Pasteurized products are not healthy for the body, including milk. The federal government overreacted years ago when they mandated pasteurization for milk and I don't want that to happen again.

Please do the research on the benefits of fresh juices; in other words, juices that have not been "cooked". Cooking is the single biggest problem with the food that we eat today because it renders useless any enzymes and the majority of vitamins, minerals and nutrients in the food. If you do your research you will find the following. 1) The human body is made up of billions of "living" cells. 2) Enzymes are the life source from food, and 3) The body's cells need enzymes in order to remain healthy. There have been many studies proving this point.

Please do not think that I'm some kind of nut case. There are many in the natural health cause that are. I am a professional with a family. Years ago I experienced many health problems that were completely eradicated when I changed what food I put into my body. When I am eating a diet of primarily foods that are still "alive" I have much more energy and vitality. I very rarely get sick or even a cold. Previous to my diet change I was on shots for allergies and experienced 2 to 4 sinus infections per year. I do not remember the last time I had a sinus infection since I have been eating this way now for 15 years.

Do not take away my rights as a US citizen to CHOOSE what kind of foods I buy. I travel and am very busy. I need alternate sources to receive the kind of nutrition that I experience in my home. I do not have the time to make fresh juices in my home every day and need the convenience afforded by companies and vendors who are providing a valuable food source to its consumers.

Respectfully,




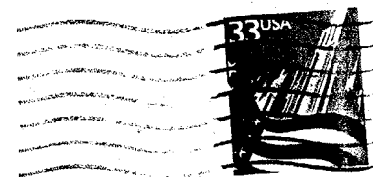
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FOOD + DRUG ADMINISTRATION  
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